

CAMP MOUNTAIN CHAI'S
12TH ANNUAL
Women's Weekend

IN PARTNERSHIP WITH LAWRENCE FAMILY JCC

SCHEDULE OF EVENTS

Friday, October 12th

12:00pm	Arrival and Check-in	WOLF LODGE
1:00pm	Lunch	CHADAR OCHEL
1:45pm	Friday Fun	VARIOUS LOCATIONS
	<input type="checkbox"/> <i>Challah Bake - CHADAR OCHEL</i>	<input type="checkbox"/> <i>Havdalah spice bar - MO'ADON</i>
	<input type="checkbox"/> <i>Tie-dye - FALCON LODGE</i>	<input type="checkbox"/> <i>Shabbat-o-grams - WOLF LODGE</i>
2:45pm	Ice Breakers and Marshmallow Challenge	DEGEL/MO'ADON
4:00pm	Camp Tour and Lounge Schmooze Time	TOUR MEETS AT PICNIC TABLES/LOUNGE
4:45pm	Personal Shabbat Prep	PERSONAL CABINS
5:15pm	Setting Intentions and Candle Lighting	MO'ADON
5:45pm	Kabbalat Shabbat Service (*White top)	MO'ADON
6:30pm	Shabbat Dinner	CHADAR OCHEL
8:00pm	Singing, Israeli Dancing and Games	MO'ADON/LOUNGE

Saturday, October 13th

7:30am	Early Riser Activities: (Optional)	
	<input type="checkbox"/> <i>Morning Meditation with Sarah Gould-Waslohn – DEER LODGE</i>	
	<input type="checkbox"/> <i>Morning Stroll with Jill Spitzer– PICNIC TABLES</i>	
8:15am	Breakfast	CHADAR OCHEL
9:30am	Shabbat Morning Services - Choose your own Tefillah	MO'ADON/FOREST
	<input type="checkbox"/> <i>Traditional Shabbat Service – MO'ADON</i>	
	<input type="checkbox"/> <i>"Walk, Sing, Feel" – MEETS AT PICNIC TABLES (DEPARTS BY 9:35)</i>	
10:30am	Groups join together for final prayers	MO'ADON
11:20am	Shab'option 1 (choose one to attend):	VARIOUS
	<input type="checkbox"/> <i>Twelve Tools For Your Emotional Tool Box with Maxine Weseley - WOLF LODGE</i>	
	<input type="checkbox"/> <i>Torah Study with Rabbi Lenore Bohm - MO'ADON</i>	
	<input type="checkbox"/> <i>Hike to Santa Ana River with Rachel Shyloski - MEET AT PICNIC TABLES</i>	
	<input type="checkbox"/> <i>Buti Yoga with Sarah Gould-Waslohn - DEER LODGE</i>	
	<input type="checkbox"/> <i>The Influence of Women Composers on Jewish Liturgy with Cantor Cheri - FALCON</i>	



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(Continued) Saturday, October 13th

- 12:30pm** Lunch **CHADAR OCHEL**
- 2:00pm** Shab'option 2 (choose one to attend)
- Finding Your Jewish Why with Rachel Selk - FALCON LODGE*
 - Pilates with Sarah Gould-Waslohn - DEER LODGE*
 - "Re-souling": Hootenanny of Hope and Healing with Deb Winter - MO'ADON*
 - Taking a Soulful Approach in our Relationships: A Workshop Based on Jewish Wisdom with Amy Scher, MSW - WOLF LODGE*
- 3:00pm - 5:00pm** Open Activities (Your Choice of Camp Activities) **VARIOUS LOCATIONS**
- Archery - ARCHERY RANGE (UP TOP)*
 - High Ropes/Climbing – ROPES COURSE (UP TOP)*
 - Human Foosball - FOOSBALL COURT (UP TOP NEAR SPORTS FIELD)*
 - Hike (Location TBA) - (MEET @ PICNIC TABLES)*
 - Horseshoes - (NEAR HIGH ROPES COURSE UP TOP)*
 - Fun on the Turf (SPORTS FIELD)*
 - Chair Massages (sign up required) – BLACK BEAR*
 - Board Games – CHADAR OCHEL/LOUNGE*
 - Reading, Reflecting and Relaxing - CHOOSE YOUR SPOT!*
- 5:00pm** Personal Prep and/or Shmoozing **PERSONAL CABINS/LOUNGE**
- 5:30pm** Saturday Night Jew-bilee and Cocktails **CHADAR OCHEL**
- 6:30pm** Havdalah **TBA**
- 7:00pm** Dinner **CHADAR OCHEL**
- 8:00pm** Evening Program: Paint Party **(Followed by late-night after party options!)* **MO'ADON**

Sunday, October 14th

- 7:45am** Early Riser Activities: (Optional)
- Morning Yoga with Sarah Gould-Waslohn – DEER LODGE*
 - Morning Stroll with Jill Spitzer– PICNIC TABLES*
 - Reflective Morning Prayers and Meditations with Rabbi Lenore Bohm - WOLF LODGE*
- 9:00am** Breakfast **CHADAR OCHEL**
- 10:15am** Morning Presentation: "A Story to Be Told" presented by Maxine Weseley **MO'ADON**
- 11:30am** 12th Annual Women's Weekend Group Photo/Closing Circle **PICNIC TABLES/DEGEL**
- 12:30pm** Depart from Camp Mountain Chai **(Bus ETA to San Diego - 3pm)**

